



**You cannot be skin tested while taking the following medications...
DISCUSS AN ALTERNATIVE WITH YOUR PHYSICIAN**

Do not discontinue antidepressants/psychotropic medications without consulting your prescribing physician.

Call your pharmacy or prescribing physician if you are unsure about the names of your medications.

Asthma medications do not affect skin testing. Do not stop your asthma medications!

The following is a partial list of medications that should be discontinued at least 5 days prior to skin testing. Also, most over-the-counter sleep aids and allergy/cold medicines should be avoided. Any medicine listing drowsiness or sedation as a side effect may need to be stopped before testing.

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| • Actifed® | • Chlor-Trimeton® | • Drixoral® | • Poly-Histine® | • Trinalin® |
| • Alavert® | • Clarinex® | • Duratapp® | • Promethazine® | • Tripelemnamine® |
| • Alka-Seltzer Plus® | • Claritin® | • Duratapp PD® | • Pyribenzamine® | • Triprolidine® |
| • Allegra® | • Contac® | • Dymista® | • Robitussin CF® | • Vistaril® |
| • Allerestl® A.R.M. | • Coricidin® | • Fexofenadine | • Rondec® | • Xyzal® |
| • Astelin® | • CTM dexbrompheniramine® | • Hydroxyzine® | • Rondec TC® | • Zyrtec® |
| • Astepro® | • Cyproheptadine® | • Levocetirizine® | • R-Tannate® | • Zyrtec D® |
| • Atarax® | • Dallergy® | • Loratadine | • Ru-Tuss® | |
| • Atrohist® | • Deconamine® | • Meclizine® | • Rynatan® | |
| • Atrohist Plus® | • Dexbrompheniramine® | • Naldecon® | • Sudafed Plus® | |
| • Benadryl® | • Dimenhydrinate® | • Nyquil® | • Tanafed® | |
| • Bromfed® | • Dimetane® | • Palgic® | • Tannate® | |
| • Brompheniramine® | • Dimetapp® | • Patanase® | • Tavist® | |
| • Certirizine | • Diphenhydramine | • Periactin® | • Tavist D® | |
| • Chlorpheniramine® | • Dramamine® | • Phenergan® | • Triaminic® | |

The following medications should be discontinued for 7 days prior to skin testing:

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| • Amitriptyline® | • Imipramine® |
| • Doxepin® | • Sinequan® |
| • Elavil® | • Tofranil® |

The following medications should be discontinued for 1 day prior to skin testing:

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| • Axid® | • Tagamet® |
| • Benadryl® cream | • Zantac® |
| • Pepcid® | |

You may take the following medications for nasal congestion:

- Any over-the-counter decongestant or saline spray or Nasalcrom®
- Any steroid allergy spray (Flonase®, Fluticasone®, Nasacort®, Nasarel®, Omnaris®, Rhinocort®, Qnasl®, Zetonna®)
- Any oral decongestant (Entex®, PSE, Guaifed®, Humibid®, Sudafed® (not Sudafed® Plus))